



Quiche Flowers

Submitted by Marie Jennerich

A quick and easy recipe for the holidays!

Pre-heat oven to 350°F

Ingredients

- 12 eggs
- 1/4 cup grated Gruyere cheese
- 1/8 cup grated Parmesan cheese
- 1 package of cooked, chopped spinach
- 1 package of cooked ham

Method

- Spray a muffin tin with non-stick cooking oil.
- Mix all the ingredients together, except the ham.
- Place a piece of ham in each muffin tin and then pour the egg mixture on top. (Once baked, the ham will look like a flower.)

Bake 20 minutes. Repeat with the remaining mixture.

Allow to cool 2 minutes or serve the next day.